

Images for illustration purposes only



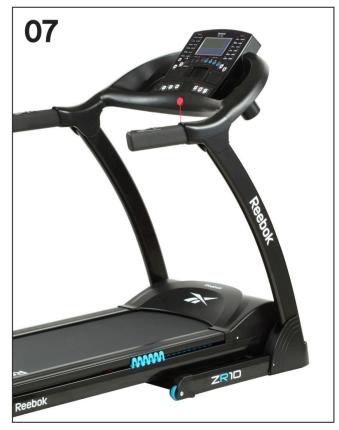














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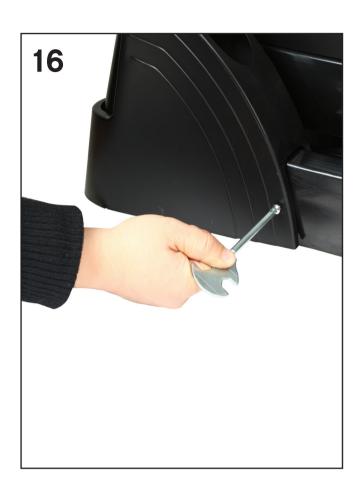












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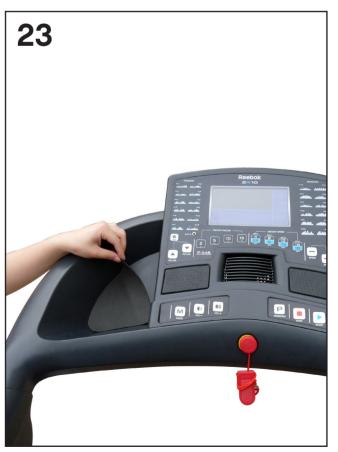










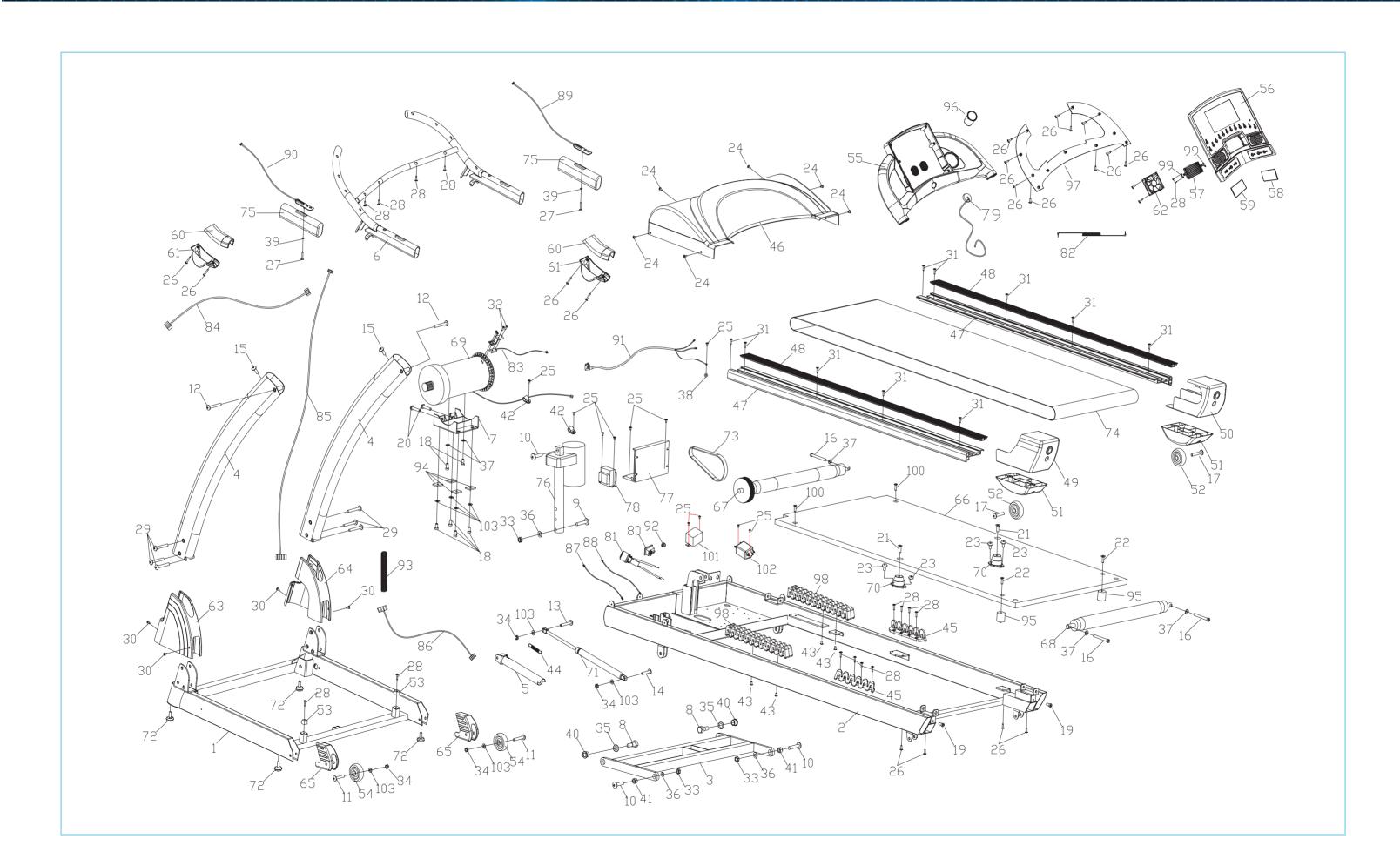












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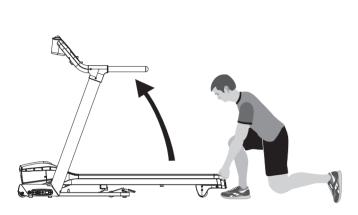
Part	Name	QTY	Part	Name	QTY
1	Base frame welding	1	28	Cross bolt ST4*16	18
2	Main frame welding	1	29	Inner hex bolt M8*55*20	6
3	Incline frame welding	1	30	Cross bolt ST4*20	4
4	Upright post welding	2	31	Cross bolt ST4*15	12
5	Feet pad welding	1	32	Cross bolt ST3*10	2
6	Handle bar welding	1	33	Nut M10 (black)	3
7	Motor board welding	1	34	Nut M8	4
8	Inner hex bolt M12*Ø14*35*19 (black)	2	35	Flat washer Ø14	2
9	Inner hex bolt M10*60*20 (black)	1	36	Flat washer Ø10	3
10	Inner hex bolt M10*35*20	3	37	Flat washer Ø8	8
11	Inner hex bolt M8*55*20 (black)	2	38	Washer Ø5	1
12	Inner hex bolt M8*50*20 (black)	2	39	Flat washer Ø4.5x Ø12xt1.0(black)	4
13	Inner hex bolt M8*40*20 (black)	1	40	Power metallurgy cover Ø24*Ø19*Ø14*14*3	2
14	Inner hex bolt M8*30*20 (black)	1	41	Power metallurgy cover Ø17*Ø10*12	2
15	Inner hex bolt M8*20 (black)	2	42	Wire clamp	1
16	Inner hex bolt M8*75	3	43	Cross bolt M6x20 (black)	4
17	Motor bolt welding	1	44	Spring	1
18	Inner hex bolt M8*15 (black)	6	45	Decorate piece	2
19	Inner hex bolt M8*10	2	46	Motor cover (up)	1
20	Outside hex bolt M8*75	1	47	Side rail	2
21	Cross bolt M8*25	2	48	Decorate strip	2
22	Cross bolt M6*25	2	49	Rear cover (left)	1
23	Cross bolt M6*10	4	50	Rear cover (right)	1
24	Cross bolt M5*10 (black)	6	51	Rear cover feet pad	2
25	Cross bolt M4*10	8	52	Wheel Ø46	2
26	Cross bolt ST4*16 (black)	19	53	Taper cushion	2
27	Cross bolt ST4*50	2	54	Wheel Ø52	2

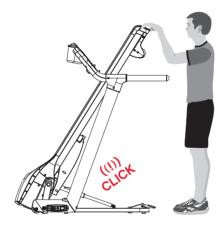
Part	Name	QTY	Part	Name	QTY
55	Computer cover	1	82	MP3 connect wire	1
56	Place with the computer	1	83	Inductor	1
57	Fan air outlet	1	84	Wire L1	1
58	Fan cover (right)	1	85	Wire L2	1
59	Fan cover (left)	1	86	Wire L3	1
60	Handle bar cover (up)	2	87	Power supply connect wire (red)	1
61	Handle bar cover (down)	2	88	Power supply connect wire (black)	1
62	Fan	1	89	Speed wire and handle pulse wire set	1
63	Base frame cover (left)	1	90	Incline wire and handle pulse wire set	1
64	Base frame cover (right)	1	91	Power supply wire	1
65	Ellipse round stuff	2	92	Wire buckle	1
66	Running board	1	93	Wire protect cover	1
67	Rear roller	1	94	Square cushion	4
68	Back roller	1	95	Column cushion	2
69	Motor	1	96	Bottle holder	1
70	Cushion with seat	2	97	Computer back cover	1
71	Cylinder	1	98	Zig cushion	2
72	Taper feet pad	4	99	Fan flap fix sheet	2
73	Motor belt	1	100	Cross bolt M6*65	2
74	Running belt	1	101	Filter	1
75	Foam	2	102	Inductor	1
76	Incline motor	1	103	Flat washer Ø8	8
77	Controller	1	104	Silicon oil	1
78	Transformer	1	999	Hard ware kit	1
79	Safety key	1	999-A	T Allen wrench 6*80	1
80	Switch	1	999-B	Cross allen wrench 14*17*75	1
81	Fuse seat with wire	1			

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## Folding machine:

- 1. Ensure the running belt is at incline level 0 and is flat.
- 2. Switch off and unplug the machine.
- 3. Lift the rear of the running deck towards the computer, the cylinder (below) will click and lock into position and secure the machine upright.
- Pull the running deck towards you slightly to ensure it has locked into position fully before leaving the machine.

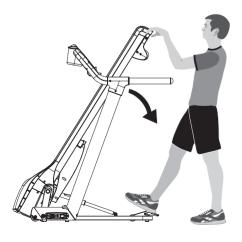


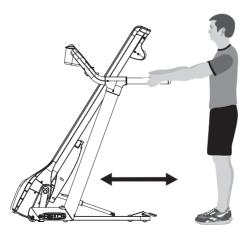


## Unfolding machine:

- 1. Stand directly behind the machine facing the running deck.
- 2. Place both hands on the handlebars.
- 3. Push your foot downwards on the middle section of the cylinder and soft drop to disengage the locking mechanism whilst pushing the running deck forwards towards the computer gently.
- 4. Slowly pull the running deck towards you slightly.
- 5. Release the deck and move from the rear of the machine.
- 6. The running deck will slowly lower towards the floor until it is in the correct position for use.

\*NOTE: The machine has a soft drop mechanism so the running deck will slowly lower to the ground safely\*





## Transport:

- 1. Fold up the treadmill as per the above instructions.
- 2. Tilt treadmill torwards you until wheels engage.
- 3. Manoeuvre the treadmill to desired location.
- 4. Ensure treadmill is level.
- 5. Unfold as per the above instructions.

## Correct use:

We recommend you use your treadmill in the following way:

